

## INSTRUCTIONS TO AUTHORS

### Background

#### Mission:

The Brazilian Journal of Psychiatry (BJP), the official journal of Institute of Psychiatry of the Federal University of Rio de Janeiro, is published regularly for more than 70 years and the most traditional psychiatric journal in Brazil. The mission of BJP is to advance the understanding and care of individuals with mental disorders through the publication of articles that discuss the relationship of psychiatry with different scientific fields, including clinical medicine, psychology, and sociology.

The Jornal Brasileiro de Psiquiatria accepts articles written in Portuguese, English or in Spanish, within the following categories:

- a) original articles;
- b) brief communications;
- c) reviews;
- d) updates;
- e) case reports;
- f) letters to the editor;
- g) book reviews;

The original must be sent to editor Leonardo Fontenelle by the following e-mail: [editora@ipub.urfr.br](mailto:editora@ipub.urfr.br). The original must bring an authorization letter signed by all of the authors, according to the model below, and it must be sent by mail to the journal address. Once accepted for publication, the paper becomes permanent ownership to Jornal Brasileiro de Psiquiatria and all rights are reserved in Brazil and abroad.

#### Permission Letter

The undersigned authors transfer to the Jornal Brasileiro de Psiquiatria, with exclusivity, all the publishing rights, under any means, of the article..., here the authors guarantee that the article is neither published nor being evaluated by other periodicals, moreover that the study was conducted in accordance to the principles of the Declaration of Helsinki and its amendments, including informed consent approved by a properly qualified ethics committee."(Include complete name, address for postage, telephone, fax, e-mail and signature of all the authors).

#### Peer Review

Authors will receive, through e-mail or letter, a confirmation note and a protocol number upon the manuscript's arrival. The number shall be used throughout the following correspondence. Articles submitted to the Jornal Brasileiro de Psiquiatria are primarily evaluated for its structure and the publishing scope of the journal. The editors reserve the right to reject articles without an external review if they believe that the work does not fit the goals of BJP, either because of poor quality or inadequate content. Qualitative studies that do not pose a groundbreaking hypothesis will be refused. After being evaluated by the editors, articles are submitted anonymously to at least two anonymous and independent reviewers. Authors will receive the editors' final decision, along with copies of the reviewer's comments. In case of manuscripts that fall on demand, authors must return the final text with necessary changes, according to the editor's instructions, and a letter describing the specific answers to each point raised by the reviewers. Articles that are not accompanied by a detailed response letter or whose response letter contains only general comments will not be sent to re-review.

#### Disclosures

The authors are requested to disclose all possible kinds of conflict of interest, including sources of funding and any other relationship. If you are sure you do not have any disclosure, please state "none" under "Disclosures". You can read an editorial about the subject, entitled Beyond conflict of interest, in the British Medical Journal available at: <http://www.bmj.com/cgi/content/full/317/7154/281>. Do not forget sources of funding must be disclosed under "Acknowledgments". Articles that contain no statement regarding disclosure will be sent back to authors.

#### Permission to Reproduce Materials Previously Published

The authors are requested to send us permission copies to reproduce materials (i.e., illustrations and tables) from copyright owner. Your reports will not be published unless we have got that permission.

#### Consent Terms

The reports must mention that patients included in studies gave an Written Informed Consent, according to clinical research regulation in the country.

#### Research Ethical Approval

The authors are requested to state clearly under "Methods" that any study of humans has been conducted only after approval by a Research Ethical Board. Also, they must confirm animal trials are in accordance with ethical care standards to animals involved.

### Overall Structure of the Manuscript

Abbreviations should be avoided; official abbreviations, however, may be used, keeping in mind that the first mention of a term in the text must be complete, followed by its abbreviation between brackets. Medicines must be referred to under their chemical name.

All pages must be numbered, with total words count indicated at the first page (except for abstracts, in Portuguese and English, references, pictures and illustrations).

The first page (cover page) should contain both Title and Short Title in English and in Portuguese. The Short Title should contain a total of up to 50 characters (with spaces).

The second page must contain an abstract in Portuguese. Non-Portuguese speakers may request help from the editorial board regarding Portuguese language in the abstract. The abstract must be informative, giving a clear and concise description of the article's content, never exceeding the limit of 200 words. In original articles, brief communications and reviews, summaries must be structured containing four topics: objective(s), methods, results and conclusions. Key words in Portuguese should follow the summary and be limited to four words reflecting the content of the article's subject. We recommend the terms presented at the list entitled Medical Subject Headings from the Index Medicus or, for articles in Portuguese, at Descritores de Ciências da Saúde, published by BIREME.

The third page must contain an abstract and key words, in English, which must be both identical to their versions in Portuguese.

From the fourth page on begin the body of text which in original articles and brief communications, must contain the following sections: Introduction, Methods, Results, Discussion and Conclusions. The authors should not mix Results and Discussion in the same session.

**Introduction** – Must contain a concise review of any literature directly related to the theme, as well as the aim of the study.

**Methods** – Must describe the model of study and a detailed account of methods that permit its replication by other authors.

**Results** – Must be described logically, sequentially and concisely, with the occasional help of tables and illustrations.

**Discussion** – The discussion must be limited to highlighting the conclusions of the study, consider any similarities or differences with the results of other authors, implications of the findings, limitations and future perspectives.

**Conclusions** – One must specify, preferentially in a short paragraph, solely the conclusions the study data allow to support, together with their clinical significance (avoiding excessive generalizations).

**Tables and illustrations** must be numbered in Arabic numerals, and prepared in separate paper sheets, with the respective captions. They should be in a digital format and independent file, proper for reproduction. Each table must be self-explanatory, and must not repeat the information already present in the text. Places for table's insertion must be clearly indicated in the text. Histograms describing results from descriptive studies will not be accepted.

**Illustrations and photographs** must be sent in high resolution files, format.tif or.jpg. Printing will be charged on the authors.

Acknowledgements must be mentioned before references.

### References

References must be presented in Vancouver stile ("Uniform Requirements for Manuscripts Submitted to Biomedical Journals: Writing and Editing for Medical Publication" [[http://www.nlm.nih.gov/bsd/uniform\\_requirements.html](http://www.nlm.nih.gov/bsd/uniform_requirements.html)]), in the same order to quoted in the text, as in the example.

### Article

- Versiani M. A review of 19 double-blind placebo-controlled studies in social anxiety disorder (social phobia). World J Biol Psychiatry. 2000;1(1):27-33.

- Appolinario JC, McElroy SL. Pharmacological approaches in the treatment of binge eating disorder. *Curr Drug Targets*. 2004;5(3):301-7.
- Dekker J, Wijdenes W, Koning Y A, Gardien R, Hermandes-Willenborg L, Nusselder H, et al. Assertive community treatment in Amsterdam. *Community Ment Health J*. 2002;38:425-34.

#### **Book**

- Goodwin FFK, Jamison KR. *Manic-Depressive Illness*. New York: Oxford University Press; 1990.

#### **Book chapter**

- Heimberg RG, Juster HR. Cognitive-behavioral treatments: literature review. In: Heimberg RG, Liebowitz MR, Hope DA, Schneier FR, editors. *Social Phobia – Diagnosis Assessment and Treatment*. New

York: The Guilford Press, 1995.

In press articles may be included in the bibliography, but they must show the periodical name, with volume and year indicated. Unpublished material may be cited in parentheses in the text, but should not be listed in the bibliography. Abstracts may be cited only when they contain substantial information that is not published elsewhere. Their nature must be cited in the bibliography by adding the term (Abstract) at the end of the reference.

References to web pages must be listed as followed: Associação Brasileira de Psiquiatria – Diretrizes para a Indústria da moda. Recomendações da Comissão Técnica Brasileira de Grupos Especializados no Estudo e Tratamento de Transtornos Alimentares. [http://www.abpbrasil.org.br/newsletter/comissao\\_ta/diretrizes\\_moda.pdf](http://www.abpbrasil.org.br/newsletter/comissao_ta/diretrizes_moda.pdf). Accessed on April 12, 2007.

#### **Types of Articles**

1. **Original articles** – Manuscripts communicating results of research, clinical experiences or other original contributions. Typically, the original articles present new data derived from an investigation done with a representative number of individuals. The original articles must not exceed 4,000 words and 30 bibliographic references.

2. **Brief communications** – Characterized by manuscripts containing small experiences or preliminary communications with original character, never longer than 2,000 words and with 15 bibliographic references.

3. **Review articles** - Systematic reviews of the literature that attempt to answer a well-defined question. They should contain a maximum of 6,000 words and 80 bibliographic references. They should have front page, structured abstract, introduction, methods and discussion, conclusions and bibliographic references.

4. **Updating articles** - Descriptive and interpretative works based on recent literature about the current status of a given subject. They should contain no more than 3,000 words and 40 bibliographic references and must be briefer than review articles. They should have front page, abstract (not necessarily structured), introduction, methods and discussion, conclusions and bibliographic references.

5. **Case reports** – Manuscripts containing interesting and original clinical cases. They should contain: front page, summaries, introduction, description of the case, its relevance and/or originality, discussion, conclusion and bibliography on the theme. They should not exceed 1,500 words and 15 references. The description of the case must be brief, with a review of the literature about clinic and therapeutic aspects, avoiding redundant or unimportant data. The discussion must have the data in comparison and contrast with similar cases present in literature.